

BIRTH TO TEN: 7 YEAR QUESTIONNAIRE 1997

PHYSICAL ACTIVITY QUESTIONNAIRE

BTJ ID

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NAME OF PARENT/CAREGIVER _____

NAME OF CHILD: _____

ADDRESS: _____

NAME OF INTERVIEWER: _____

DATE OF INTERVIEW: _____

PLACE OF INTERVIEW: _____

PHYSICAL ACTIVITY QUESTIONNAIRE - BIRTH TO TEN 1997

I am now going to ask you some questions about your child's physical activities - I may have asked you some similar questions before, but I need to ask them again so that we can get a complete picture of how active your child is and in what sort of activities he/she participates.

Activities at School

1. Does he/she attend physical education/P.E./games lessons at school?

Yes = 1	No = 0			
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2. How often are the classes held?

3-4 times/week	1			
2 times per week	2			
1 time per week	3			
1-3 times per month	4			
Don't know	5DK			

3. Now I will list different kinds of physical activity. Please tell me in which activities he/she participates and for how many hours during school time per week.

- a. Boxing, karate, judo, wrestling, gymnastics

Yes = 1	No = 0	Hrs _____			
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- b. Soccer, rugby, cricket, basketball, swimming, tennis, squash, badminton, volleyball, roller blading, netball, rugby etc.

Yes = 1	No = 0	Hrs _____			
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6. Please tell me in which activities he/she participates in and for how many hours (competition and training)?

Activity	Hrs ____				
Activity	Hrs ____				

Informal Activities Outside School

7. Does he/she engage in physical activity outside school but NOT in a sports club, e.g. riding a bike, playing in the street or yard, etc?

Yes = $\sqrt{}$	No = 0	
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8. How often?

Every day	1	
3-4 times/week	2	
2 times per week	3	
1 time per week	4	
1-3 times per month	5	
Don't know	6	

9. Does he/she engage in any of the following activities before or after school, and, if so, how often and for how many hours?

a. Watching TV, videos

Yes = $\sqrt{}$	No = 0	Hrs per day during the week ____			
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b. Reading, drawing, music lessons, homework

Yes = 1	No = 0	Hrs per day at weekend/holidays ____			
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c. Playing video games or other games at home, e.g., dolls, toy cars, chess, etc.

Yes = 1	No = 0	Hrs per day ____			
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